

**JUNE LAKE AUTUMN RETREAT**  
**June Lake, CA**  
**Mon. Oct. 1 — Fri. Oct. 5, 2018**

Warm, golden days & crisp nights of early October make this the perfect season for hiking & exploring nature in the East Sierra high country. The June Lake area is particularly renowned for its alpine beauty, autumn foliage, hiking, boating, fishing, photography, fine dining & more. Experience some of the finest Fall color & most spectacular scenery in California—AND enjoy the revitalizing pleasures of an outstanding mountain resort!

Relax for 4 delicious days & nights at the **DOUBLE EAGLE RESORT & SPA** in June Lake, which Forbes has listed as "one of the top 10 spas in the world". Some of many tempting hiking destinations nearby include Mono Lake, Lundy Canyon, Convict Canyon, Parker Lake, Hot Creek, & more. Enjoy guided nature excursions with me each day until about 2:00, then you are free to explore further on your own, tour the picturesque ghost town of Bodie, or relax at the resort's luxurious spa.

**LODGING & SPA INCLUDED:** lovely 2-bedroom (Q + T/T) luxury cabins with fully equipped kitchens at the **Double Eagle Resort**. After our daily hike, relax & enjoy free use of the luxurious spa facilities —whirlpool, sauna & wonderful indoor swimming pool with a spectacular mountain view. A full menu of luscious spa treatments is also available (booked & priced separately). Try a "Hot Stone Massage", facial or mudbath! For a preview, check out: [www.DoubleEagleResort.com](http://www.DoubleEagleResort.com).

**FOOD not included:** Dine out at the resort, or at various restaurants in June Lake or Lee Vining, or cook supper with friends in your cabin. Pack a field lunch & snack each day. Potluck anyone? Don't forget "Happy Hour" supplies!

**COST:** \$860/person includes 4 nights shared lodging, unlimited spa privileges, & instruction. **Non-refundable \$75 DEPOSIT** reserves your space immediately. **BALANCE (\$785) DUE in full by AUG. 25th** — any cancellations thereafter forfeit lodging fee.

**REGISTRATION:** To register, complete the **attached registration form**, & mail a printed copy with your check to me. Space is limited, & trips fill quickly — registrations are processed in order received. Trip announcement will be also be posted soon on my website.

**CONDITIONS:** Participants must be able to comfortably hike 5 miles of mountainous terrain at higher elevations (6000 to 9000 feet). Modest to moderate elevation gains (may feel like more!).

**WARNING:** High tolerance for pleasure & relaxation required!

**QUESTIONS???** Email or phone **831-600-8260**. I will be out of state from 7/22 to 8/11 with limited email service — during that period, reach me via mobile **831-566-9523**.

**HAPPY TRAILS,**  
**DIANE WEST-BOURKE**  
[www.NatureExplorations.net](http://www.NatureExplorations.net)